

Work-related Stress Assessment

A work-related stress assessment with team consultation, six work-design areas, evidence, organisational controls and a documented review of actions.

1. Record details and scope

Project

Filled in from the project in SiteSurvey.

Site or premises address

Client or organisation

Record date *

Person completing the record *

This is an organisational risk record, not a clinical questionnaire or diagnosis. Use aggregated evidence where possible and keep sensitive individual matters in appropriately restricted processes.

HSE's Management Standards cover demands, control, support, relationships, role and change. Employers must assess work-related stress risks and act on them. The approach involves employee discussion and practical improvements to work design.

2. Team and evidence

Team or work group *

Work activities and recent changes *

How workers and representatives were consulted *

Aggregated survey, absence or workload evidence references

3. Work design

Work-design factor (copy this block for each one)

Area * (choose one)

☐ Demands ☐ Control ☐ Support ☐ Relationships ☐ Role ☐ Change

Evidence and people affected *

Current arrangements

Proposed organisational improvement *

Accountable manager *

4. Implementation and review

Agreed priorities and resources *

How changes are explained to workers

Describe how the team will hear the decisions and comment on whether changes help. Keep individual health information out of a team record.

Review date

How improvement will be checked

Route for confidential individual support

5. Actions and review

Are further actions required? * (choose one)

☐ Yes ☐ No

Further action (copy this block for each one; if applicable)

Action and evidence reference *

Person responsible *

Target date

Action status * (choose one)

☐ Open ☐ In progress ☐ Completed

Completion evidence * (if applicable)

Outstanding limitations and information to pass on

Record status * (choose one)

☐ Ready for review ☐ Further work needed ☐ Work or use stopped

Reviewed by

Review date

Author signature *



Signing records the information entered. It does not itself certify legal compliance, remove a limitation or authorise unsafe work.